

# Health Questionnaire

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
Age: \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex: Male / Female Height: \_\_\_\_\_ Weight: \_\_\_\_\_

## History:

**Chief Complaint:** (What brings you to the doctor today?)  
\_\_\_\_\_

## Do You Have

Regular Bowel movements? Y N # Bowel movements per day \_\_\_ Formed \_\_\_ Loose \_\_\_  
Anal or Rectal Bleeding? Y N If yes : Bright red \_\_\_ Dark red \_\_\_ With pain \_\_\_ without pain \_\_\_  
drip in the bowl \_\_\_ just on the tissue \_\_\_ or both \_\_\_  
Anal or rectal pain? Y N  
Anal or rectal itching ? Y N  
Protrusion of rectal tissue to the outside with bowel movements? Y N Abdominal Pain? Y N  
Difficulty controlling bowel movements ? Y N

**Drug Allergies?:** Y N (if yes please list drug and reaction): \_\_\_\_\_  
\_\_\_\_\_

**Medications** (Please list all medication, including over the counter meds & vitamins with dosages):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you take any anticoagulants?** Y N If yes, please select which one and the dosage:  
\_\_\_ Plavix \_\_\_\_\_ \_\_\_ Coumadin/Warfarin \_\_\_\_\_ \_\_\_ Aspirin \_\_\_\_\_

## Surgical History:

Please list all surgeries/operations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Have you Ever had A?

Recent Barium Enema or Lower GI X-Ray Study? Y N Where \_\_\_\_\_ When \_\_\_\_\_  
Colonoscopy? Y N Where \_\_\_\_\_ When \_\_\_\_\_

## Family History:

Has your mother, father, sister, brother, daughter or son had:

Colon/Rectal cancer \_\_\_ Colon/Rectal polyps \_\_\_ Ulcerative Colitis or Crohn's disease \_\_\_

## For Women:

How many children have you had? \_\_\_ How many vaginal deliveries? \_\_\_

## Social History:

What is your occupation: \_\_\_\_\_ full time/ part time/ retired.

Marital Status: Single \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Use of alcohol: How many drinks: \_\_\_\_\_ daily/weekly/monthly/never

Use of tobacco of any kind: Never /Currently smoking \_\_\_ (pkgs /day)/ Smokeless/ Previously, but quit: \_\_\_\_\_

**Medical History/Review of Systems:****Constitutional**

Fever	Y	N
Chills	Y	N
Nightsweats	Y	N
Recent weight loss	Y	N How much _____

**Psychiatric**

Depression	Y	N
Sleep disorder	Y	N

**Cardiovascular**

Heart attack	Y	N
Heart failure	Y	N
Heart murmur	Y	N
Mitral valve Prolapse	Y	N
High blood pressure	Y	N
Stroke/TIA	Y	N
Irregular heart beat	Y	N
Aneurysm	Y	N
Poor leg circulation	Y	N
Varicose veins	Y	N
Raynaud's disease	Y	N

**Respiratory**

Pneumonia	Y	N
Asthma	Y	N
Emphysema/ COPD	Y	N
Bronchitis	Y	N
Tuberculosis	Y	N

**Genitourinary**

Pain with urination	Y	N
Difficulty urinating	Y	N
Frequent urination	Y	N
Urinary incontinence	Y	N

**Hematology/lymphatic**

Anemia	Y	N
Blood Clots	Y	N
Enlarged lymph nodes	Y	N
Leg swelling	Y	N
Lupus	Y	N

**Musculoskeletal**

Back pain	Y	N
Osteoporosis	Y	N
Arthritis	Y	N
Joint pain	Y	N
Fractures	Y	N location: _____

other ortho problems: \_\_\_\_\_

**Allergies/Immunology**

AIDS/HIV	Y	N
Hepatitis	Y	N type A/B /C

**Integumentary/Skin/Breast**

Skin rashes	Y	N Location: _____
Non-healing sore/ulcer	Y	N Location: _____
Breast lump/discharge	Y	N

**Neurological**

Dizzy spells	Y	N
Seizure/convulsions	Y	N
Headaches	Y	N
Head injury	Y	N
Multiple Sclerosis	Y	N

**Eyes/ENT**

Visual changes	Y	N describe _____
glaucoma/cataracts	Y	N
loss of hearing	Y	N
Sinus problems	Y	N
Seasonal Allergies	Y	N

**Endocrine**

Diabetes	Y	N type: adult/juvenile
Insulin dependent/non-insulin dependent		
Thyroid problems	Y	N hyper/hypo
Gout	Y	N

**Renal Disease**

Kidney failure	Y	N
Bladder infections	Y	N
Kidney stones	Y	N

**History of Cancer**

Do you have a personal history of cancer  
What type: \_\_\_\_\_