

## VARICOSE VEIN QUESTIONNAIRE

**PATIENT NAME:** \_\_\_\_\_  
**DATE OF BIRTH:** \_\_\_\_\_  
**TODAY'S DATE:** \_\_\_\_\_

1.) How long have you had varicose veins? \_\_\_\_\_

2.) \_\_\_Right \_\_\_Left

3.) Do you suffer from:

\_\_\_Bleeding \_\_\_Burning \_\_\_Discoloration \_\_\_Fatigue \_\_\_Heaviness \_\_\_Itching

\_\_\_ Pain \_\_\_Phlebitis \_\_\_Skin Changes \_\_\_Soreness \_\_\_Ulcers

4.) Do your symptoms interfere with long activities such as:

\_\_\_exercise \_\_\_sitting \_\_\_standing \_\_\_walking

Other \_\_\_\_\_

**Conservative Treatment: For relief of symptoms are you:**

\_\_\_Walking \_\_\_ Leg elevation \_\_\_OTC pain relievers \_\_\_ Weight loss

\_\_\_ Prescription Grade Compression Hose \_\_\_ Knee High \_\_\_Thigh High

\_\_\_\_\_ When did you start wearing compression hose

Y or N

Do you wear them daily?

Please list any other treatment you have received for your varicose veins.

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For Women:

Are you pregnant or nursing? \_\_\_\_\_

Are your symptoms worse during your menstrual cycle? \_\_\_\_\_